

Isolated Finger Exercises

David Stevens

- *These exercises should be practiced slowly for precision and cleanliness, before gradually getting faster
- *Fingers should be relaxed, curved, and coordinated
- *Track your metronome speed for each number
- *Stop if you feel any pain

3/G# Finger Exercises

1 2

3 4

5 6

4/6 Finger Exercises

7 8

9 10

11 12

2

13

14

15

16

4/6 & 1/3 Finger Exercises

3/L Pinky, 4/6, and 1/3 Finger Exercises

17

18

19

20

Ab/Bb Finger Exercises (Use side Bb)

21

22

23

24

Rhythmic Variations

Rhythmic Variations, alternate